

**ORGANIZATION FOR HEALTH
AWARENESS,
COMMUNITY EMPOWERMENT AND
SOCIAL INTERGRATION.**

North West Region, Bamenda ,
Cameroon.

Tel..No; 675-634-801/675644696

Reg; NW/GP/041/22/1739



**ORGANIZATION FOR HEALTH
AWARENESS,
COMMUNITY EMPOWERMENT AND
SOCIAL INTERGRATION.**

North West Region, Bamenda ,
Cameroon.

Email; ohacesin00@gmail.com

Ref...../OHACESIN/CIG.

Date

OHACESIN TRAINING MODULES AND PROJECT AREAS

A) CHEMICAL AND FOOD PROCESSING

S/N	TRAINING ACTIVITY
1	Massage oil
2	Powder soap (omo)
3	Liquid soap
4	Wine production
5	Bleach (eau de javel)
6	Cube soap(savon)
7	Medicated bathing soap
8	Vinegar
9	Body lotion
10	chocolate
11	Glass ,louvers, mirrors and windscreen cleaner
12	Liquid starch
13	Yoghurt
14	Vaseline
15	Balm
16	Coconut oil
17	Carrot oil
18	Izal Disinfectant
19	Tooth paste production
20	Hair cream
21	Tiles wash

S/N	TRAINING ACTIVITY
22	Antiseptic soap (Dettol)
23	candles
24	Insecticide (mosquito spray)
25	Nail polish remover
26	Dandruff cream
27	Face powder
28	Face ,pimples or rashes killer
29	Shampoo
30	Hair conditioner
31	Hair relaxer
32	Perfume
33	Mayonnaise
34	Air fresher
35	Hand sanitizer
36	Wood vanish
37	Sea salt
38	Fulere
39	Oilmen for rashes
40	Treatment serum
41	Styling gel
42	Lemon oil
43	Soya beans milk
44	Soya beans meat (tuffor)
45	Soya beans balls
46	Financial literacy and the management of income generating activities
47	Cakes and pastries eg meat pie, egg roll, scotch egg, doughnuts, fish pie, gateaux
48	Icing of cakes eg butter ,royal and fondant icing
49	Hair dressing
50	Manicure and pedicure
51	Event Décor
52	Graphic designing
53	Colour interpretation according to events
54	Punching

S/N	TRAINING ACTIVITY
55	Training on ice cream
56	Fruit and vegetable salad
57	Milk shake /cake parfait
58	Groundnut oil

B) HEALTH SECTOR

S/N	TRAINING ACTIVITY
1	Education on first aid,
2	personal hygiene,
3	GBV and child protection,
4	menstrual hygiene management,
5	Home emergencies and their management.
6	Youths and drug addiction.
7	Peer pressure.
8	Stress management.
9	Education on the preventive methods of diseases.
10	Environmental hygiene and sanitation.
11	Lectures on family planning.
12	WASH Programs.
13	Reproductive health

C) ARTS AND CRAFT

S/N	TRAINING ACTIVITY
1	Transformation of papers to beads and consequently to Paper beaded chains, bags, flower jars, table mats and sandals
2	Trainings on production of wedding designs such as: wedding jewelries, caps, staffs, shores ,mufflers and sandals.
3	Transformation of other natural products like the rudraksha, mussanga, indian bamboo and palm nuts into: - Crocheting

S/N	TRAINING ACTIVITY
	<ul style="list-style-type: none"> - Jewelry sets, bags, sandals , table mats and flower jars - Traditional embroidery

D) TRANSFORMATION AND DEHYDRATION

S/N	TRAINING ACTIVITY
1	Dehydration of fruits like plum, mango, carrot, pineapples, pawpaw, amongst others
2	Dehydration of food vegetables like: cowpeas, huckleberry, cabbage amongst others
3	Dehydration of spices like ginger, turmeric, onions, garlic, pepper, leaks amongst others.
4	Transformation of products like cassava flour, plantain flour, sweet potatoes flour, yam flour, amongst others.
5	Transformation of mango, papaw, oranges and carrot in to synthetic juice.
6	Transformation of fruits to jam

E) AGRICULTURAL EMPOWERMENT

S/N	TRAINING ACTIVITY
1	Training on urban agriculture
2	Snail farming
3	Poultry farming
4	Rabbit farming
5	Gardening
6	Methods of Food conservation and preservation
7	Piggery
8	Mushroom production
9	Fish pond

F) INFORMATION TECHNOLOGY

S/N	TRAINING ACTIVITY
1	MICROSOFT OFFICE SOFT SKILLS (Word, Excel, PowerPoint etc)
2	Graphics Design Skills
3	Web Designing and Programming Skills
4	Computer Hardware Skills
5	Computer Networking Skills
6	Cyber Security Skills